# **Fort Erie Times**

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Thursday, January 28, 2016





Fort Erie to host first annual MMA **Fight Night** 





Seven-year-old Edan Martin thinks cancer stinks, which is why he wanted to do something to help his friend, seven-year-old Tristan Romeo, who was diagnosed with a brain tumor called medulloblastoma last February. See page two for the story.

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# **Youngster helps his friend** in the fight against cancer

## Fort Erie Times

Seven-year-old Edan Martin thinks cancer stinks.

The Grade 2 student, who immersion program at Garrison Road Public School. knew he wanted to do something to help his friend and fellow classmate, Tristan Romeo, who was diagnosed with a brain tumor called medulloblastoma

last February. "I asked my mom to see placed at a number of local

and she said I could help raise money by making jars," Edan explained. "I said ves, sure. We can

A soft-spoken Tristan said is enrolled in the French he was glad his best friend, whom he first met in kindergarten, wanted to help. Edan set to work creating a picture that would decorate approximately

30 mason jars. He drew a picture of a skunk and the words 'Cancer stinks." The jars have since been businesses in Greater Fort Erie and members of the community are invited to drop in a toonie or whatever change they can spare. The proceeds raised from the jars will help pay for

travel, child care and loss of work costs, and allow Tristan's mother and father. Lisa and Grant, to focus on their son

Lisa Romeo admits she is still overwhelmed by the generosity of strangers who have knocked on her family's door to offer their love, support and hot meals.

She said it's hard to imag ine how her family would have made it through the last year without relying on friends, and in many cases, people she has never met hefore

Lisa said she is also grateful for the staff at McMaster Children's Hospital and Ronald McDonald House.

"Most people don't know just how much (Ronald McDonald House and McMaster Children's Hospital) does for families until they've been hit in the face with (cancer)? Tristan was diagnosed

on Feb. 11 last year after an MRI revealed an egg-size tumor on the side of his brain, between the cerebelhum and brain stem. Two days later, he sur-

vived a nine-hour operation where surgeons were able to remove the tumor. Tristan had a 50-50 chance of surviving the

operation," Lisa said. "It was heart breaking. It

was the beginning of every parent's worst nightmare. After two more surgeries and countless rounds of chemotherapy and radiation, there is light at the end of the tunnel for Tristan. The seven-year-old, who loves to play video games and ball hockey with his best friend Edan. is expected to finish his aggressive treatments at McMaster Children's Hos-

pital some time in April. "The doctors can't give an exact end date because it depends on how he responds and heals from

treatments." Lisa explained. But when he is finished Tristan will celebrate the

Edan Martin designed the jars which are available at a number of local businesses to help raise money for his friend, Tristan Romeo, who was diagnosed with a brain tumor called medulloblastoma last February.

end of his chemotherapy with a victory trip to Lego Land in Florida Lisa said there is still a 20

per cent chance the cancer might return.

But we're focusing on the 80 per cent chance that it won't," she said. A pasta fundraiser will

be held in Tristan's honour on Sunday, Feb. 28, Pro-

ceeds will support his family. The dinner will be held at 209 Jarvis St., from noon Tickets are \$10 each or \$8

each for take-out For more information about the fundraiser call Lisa Romeo at 905-993-

sarah.ferguson@sunmedia.ca

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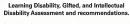
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# Town welcomes installation of LED lights

### SARAH FERGUSON Fort Erie Times

Fort Erie's motorists will begin to notice the town's roads will be brighter and more clear at night. Last week, the Town of Fort Erie began converting

streetlights to light-emitting diodes, or LED lights. Approximately 3,266 streetlights are expected to be converted by the end of

According to Kelly Walsh, the Town's manager of engineering and infrastructure services, the new lights are expected to be maintenance free for the next five years and the hope is that "they last for the next 20 years." Walsh said traditional street lights last about seven

or eight years. "The new lights we're installing are a cleaner light, use less power and are better at directing light toward the road instead of in peoples'

backvards." Council approved the project as part of the 2015 budget and will cost \$2.3

Other municipalities and streetlight manufacturers have noted that LED streetlights have the potential or actual savings of 30 to 70 per cent on energy consumption and

75-95% in maintenance costs. Town staff estimate a potential annual savings of \$210,000, which means the conversion could save the Town over \$2 million in energy and maintenance costs over the course of the

One of the biggest challenges for any muncipality is infrastructure, Mayor Wayne Redekon said "This is a timely invest-

next 10 years

ment considering the rising costs of hydro rates. It makes good sense." The current streetlights are

costing Fort Erie's taxpayers approximately \$570,000 in electricity and maintenance every year," Redekop said. "By converting the lights into LEDs, we are not only decreasing our annual costs significantly but also reducing our Town's contribution to Greenhouse Gas emissions. It doesn't get much

better than that.

In order to offset the upfront capital costs of this program, the Town is participating in the Independent Electricity System Operator and the saveONenergy's retrofit incentive program delivered by the Canadian Niagara Power

The retrofit program makes it possible for commercial organizations to install and benefit from newer, more energy efficient solutions.

The partnership between the Town and CNP has been a very positive one," said Tom Kuchyt, the Town's chief administrative officer. "We are both trying to achieve the same goal - minimize Fort Erie's environmental impact in an efficient and cost effective manner. By working with CNP, we are able to save approximately \$220,000 using their Retrofit Incentive

program. The Town's contractor, Dundas Power Line Limited, began the transition in the Crystal Beach area and progress across the rest of the town.

sarah.ferguson@sunmedia.ca











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### Mayor wants to establish volunteer program

Mayor Wayne Redekop wants to see a volunteer program in place that would allow include pals. to volunteer to restore municipalowned properties and cultural

"I know there were a number of individuals who were interested (in volunteering) with respect to the Point Abino Lighthouse. There is also the 6218 locomotive, which is part of our railway heritage. There are some individuals interested in some type of restoration for that," Redekop said during last week's council meeting.

Individuals who express an interest in projects such as the restoration of the old locomotive on Central Avenue, are unable to do so because the Town would be liable for any mishaps.

Redekop directed staff to prepare a report outlining the logistics of establishing a program that would permit non-profit organizations or corporations to volunteer their time, expertise, or donate materials to restore the

Town's cultural assets. 'We know there are monitoring and safety issues that need to be

addressed." Redekop said. "There are programs in other municipalities in Ontario. There is an opportunity for us to support this so we can find out from staff what would be required and how

we can go about this." Town staff have been given a deadline of 120 days to prepare a report to address supervision, monitoring, insurance and safety issues that would be associated with the program.

Town calls on ministry to fight for fair ebook prices The Town of Fort Erie is

are "the fastest growing item"

calling on the Ministry of Tourism, Culture and Sport to work with the federal and provincial governments to find a solution that will allow public libraries to purchase ebooks from publishers at a fair price. According to the Fort Erie Public Library's chief executive officer, Craig Shufelt, ebooks

used among library patrons. The use of ebooks at the library has" increased 300 per cent

since 20111 Shufelt said publishers have a different pricing structure for ebooks which costs three to five times more than traditional hardonuer honks Whereas a hardcover book will last five to 10 years, a licence to use

an ebook will expire after 26 circulations, or one to two Last week, Shufelt asked Fort Erie's councillors to "speak out

formally" on the issue. The purchasing power of libraries are hindered," Shufelt said. "The goal is to create a

more stable pricing structure. There has to be a model that meets somewhere in the middle." A copy of the Town's request has been submitted to the Federation of Canadian Municipalities, the Association of Municipalities of Ontario, MP Rob Nicholson, MPP Wayne Gates, the Niagara Region and neighbouring municipalities for their support

HARRY ROSETTAMI/SPECIAL TO

POSTMENIA NETWORK It took the work of 46 firefighters to nut out an intense fire that destroyed an old, abandoned house on Edgemere Road in Fort Erie during the early morning hours of Saturday.

# Abandoned house fire deemed to be suspicious

attended the scene

many, many years.

flohters.

out the fire

SARAH FERGUSON FORT ERIE TIMES

The cause of a Saturday morning fire at an old, abandoned house remains under investigation by the Office of the Ontario Fire Marshal.

The cause of the fire is sus nicious and anyone with information is asked to contact the Fort Erie branch of the Niagara Regional Police," Fire chief Larry Coplen said Monday afternoon

Fort Erie firefighters were called to a property on Edgemere Road, between Crescent and Kraft roads, shortly after 4

Upon arrival, firefighters were faced with a fully engulfed structure

going to eventually be torn "It was burning through the roof when we arrived. It was down' well involved," said Coplen, Investigators are trying to adding about six fire trucks determine how long the build-

ing has been vacant Putting out the flames "We do know that the proprequired the work of 46 fireerty is owned by a company in Amherst, N.Y.," Coplen said. Coplen said the house, on a "It will be interesting to see large piece of property along what the history of the build-

the lake, had been vacant for ing is. It appears to have been a carriage house," he added. It is difficult to estimate the No injuries were sustained, as firefighters, for the most amount of damage caused as a result of the fire but Coplen part, stayed outside and took a defensive approach to putting said the property, not includ-

ing the barn, is assessed at \$200,000 sarah.ferguson@sunmedia.ca -With files from Ray Spiteri



AT AMORE FYEWFAR

"It was a defensive attack

because of the structural collapse issue," said Coplen.

"There was no need to put fire-

fighters in danger to save an

abandoned building that was

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210 Elizabeth St., Port Colborne I 905 835-8331

Wednesday, February 10 . 5:30 p.m. to 7:30 p.m.

Catherine Street at Central Avenue was closed on Monday so a crew could repair the road by installing temporary asphalt after a major watermain break occurred over

# Watermain break on Central Avenue 'wasn't pretty'

SARAH FERGUSON Fort Erie Times

According to Grant Boutin, Saturday's watermain break at the corner of Central Avenue and Catherine Street "wasn't

pretty. The Town of Fort Erie's manager of waste and wastewater services said staff received a called at 5:30 a.m. from the Niagara Regional Police about the watermain break, which flooded the

intersection To give an idea of just how much water was gushing from the watermain, Boutin said the town typically uses 12.6 million litres in a day but Saturday's water useage

was higher at 18.6 million litres, which is an increase of 6 million litree "There was a lot of

water but we proceeded as normal with the repairs," Boutin said. During that time, a second watermain break occurred at Lavinia and

Central Avenue. The water supply to homes on Gilmore Road. Central Avenue, and Lavinia Street were without water until midnight. while a crew repaired the water main breaks.

Catherine Street was closed at Central Avenue on Monday so a crew could repair the road.

"We were back there again today to put temporary asphalt down and

cones were put in place to caution motoriete The effected watermains were older and breaks are "unfortunately

the norm in the winter for older pipes," Boutin said. "We have had two other smaller (watermain breaks) earlier in the month. So far, we are

in better shape than in By this time last year. Routin said there were a number of watermain breaks due to the colder

weather "The frost penetrations isn't vet what it was in 2015 at this time, providing us with a little bit of

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# **Comment**

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# Fort Erie Times

Michael Cressman group advertising director Peter Conradi regional editor Sarah Ferguson editor

Point of View

# Beating Alzheimer's is the fight of our lives

As Alzheimer
Month draws
to a close, it's
important to remember prevention must be a
priority, both in government funding and in our
own lifestyle choices.

The Alzheimer Society of Canada states that in 2011, nearly 750,000 Canadians were living with Alzheimer's or some other dementia. That's 14.9 per cent of Canadians who are 65 or older. By 2031, if nothing

By 2031, if nothing changes, the number of those afflicted is expected to rise to 1.4 million. The same report, available at alzheimer.ca

available at alzheimer.ca, says the disease is costing Canada \$33 billion a year now through medical costs and lost earnings. By 2040 — again, if nothing changes — that could rise to \$240 billion.

The key phrase here, of course, is 'if nothing changes.'

We can't let 'nothing' happen. Families are already devastated by Alzheim-

er's.

When one member has
it, it affects everyone
around them through

medical and caregiving costs. Lives go through upheaval as schedules

upheaval as schedules are rearranged to accommodate the person's needs, and it's profoundly sad to watch a loved one slip away one day at a time.

Public awareness of Alzheimer's is relatively recent, but the disease was actually identified in 1906. Deposits of plaque grow throughout the brain and become toxic to brain cells, and so-called 'tangles' choke the cells, causing them to die off.

To continue to fund

research isn't enough; increasing that funding must be a government priority.

The Alzbeimer Society

says there are things you can do, too, to protect yourself. Be active and choose a healthy diet, reduce stress and be socially engaged. And exercise your brain by learning a new language or playing strategy games like

There's no ignoring Alzheimer's disease. Its numbers are growing, and it is coming for you or someone you love.

# Do you remember?





Alas, last week's photo of the actors in a play has not yet been identified. It is never too late to call in or e-mail us about this or any other Do You Remember photos. This week's photo could be the Fort Ere equivalent of the Westminister Kennel Culties Dog Show. Are you featured with your prize winning pooch in this 1976 photo? Please call the Fort Erie Historical Museum@forterio.um 2109:5849-5220 or mail us museum@forterio.um 2109:5849-5220 or mail us museum@forterio.um

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To be considered for publication, all letters must include the writer's full name, address and telephone number for verification purposes. Only your name and the city/town where you live will be published. Please keep your comments to a maximum of 500 words. Submit your letters via e-mail to sarah.terpoor@sunmedia.ca

# HOW TO CONTACT US

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# What we know about the Neutral warrior, also known as the tattoo warrior

his is a recall of an article I researched years ago. It centered on what we know about the religion of the first Niagarans, called the Attawandarons, also known as the Neutrals.

Note the many Tattoos on his body.

According to the early Jesuit missionaries in their reports in the Jesuit Relations they record that those markings had some religious significances.

The few Jesuit priests who were able to make contact with them described them as an unusual tribe. They said that they were taller and stronger appearing than their neighbours, the Hurons and the Iroquois.

The nearly naked males adorned themselves with a great variety of skin etchings. Jesuit Father Chaumont in his letter of Aug. 30,

1641 said that the Neutres (Neutrals) worshipped the sun and gods of war. He said that they were greatly influenced by dreams. You know what 'neutral' means. The Hurons and the mighty Iroquois were deadly enemies. The Attawandaron



nation located between them

insisted on neutrality In fact they had a powerful woman called the Peace Queen.

No war parties. Huron or Iroquois were not allowed to pass through their lands This was maintained for many years hence the French label

Neutres (Neutrals). Writer's note: You see mentioned the "gods of war." Strangely appar-

ently for many generations the Attawandarons were warlike and annually set out in combat. The Mascoutin, the "Fire" people

of present day Michigan were the recipients of their yearly war path. Why?

We don't know. It was a tradition. It was a long time practice of their

This 'gods of war' concept seems to be ingrained in the minds of the

Neutrals. Like their closest neighbours, the Hurons, they held a belief in a Great Spirit that influenced their every activity.

It permeated all aspects of daily Every animal, birds, fish, trees, plants and even rocks had a spirit. It was a full pantheistic

view of life. Writer's Note: The many volumes of the Jesuit Relations in English are available at the Brock University Library. Lots of reading.

Dances and ceremonies to appease these spirits were performed at length often for days. They helieved the soul remained with the hody even after death. Life contin-

ued on with little change in the after The Neutrals (Attawandarons) were said to be exceptionally

devoted to their dead. The belief that a spirit lived in animals lead to some bizarre outcomes. If tribal hunters came across a herd they could and pursue and kill the others. They feared that the escaped animals would tell others. This "over kill" lead to a quick destruction of game animals near their village areas. No other tribes practised this

"kill all" policy. Most of us know that the strength of the Iroquois was their lovalty to each other.

Attack Senecas, and the Mohawks would be there to help. Not so with the Attawandarons.

Each Neutral village looked after its own destiny. Attack a Niagara-onthe-Lake

Neutral village. The large Neutral village at Point Abino would not come to its rescue. The disability to come to the aid of their fellow Neutrals lead to their obliteration in

Writer's note: Want to know more

about these people, our first inhabit-Nlagara? My novel, Our People Live, is available at the Fort Erie Museum in Ridgeway. It gives a



79



# Library offers many books written by First Nations authors

ome of the most compelling, rewarding, yet often difficult or painful hooks to read are those written by First Nations authore

The Fort Erie Public Library collection includes the works of several aboriginal writers I would like to recommend. Thomas King is an American-

Canadian writer and broadcast presenter who most often writes about North America's First Notions and who advacates for First Nations causes. He identifies as being of Cherokee and Greek/ German-American descent. In 2003, King was invited as the first person of aboriginal descent to give the Massey Lecture in Canada. His hooks in the library collection include: The Back of the Turtle: a novel: The Inconvenient Indian: a curious account of Native People in North America: A Short History of Indians in Canada: stories: The Truth about Stories: a Native narrative; Truth and Bright Water; and Green Grass and Running



Water, all for adult readers, and Covote's New Suit and A Covote Solstice Tale, both for younger readers

Joseph Boyden is an author of Irish, Scottish and Anishinaabe heritage, who writes about First Nations heritage and culture. Three Day Road, a novel about two Cree soldiers serving in the Canadian military during World War I, is inspired by Ojibwa Francis Pegahmagahow, the legendary First World War sniper. It won the Rogers Writers' Trust Fiction Prize His second novel, Through Black Spruce won the 2008 Scotiabank Giller Prize, and his third book. The Orenda was the winner of the 2014 edition of Canada Reads. Orenda takes place in the early 17th century in land that eventually became Canada. It is told from three points of view: a Huron warrior, a young Iroquois girl, and a French Jesuit missionary. He is also the author of a biography of Gabriel Dumont and Louis Riel. and of a collection of short stories, Born with a Tooth.

Wabanakwut (Wab) Kiney successfully defended Boyden's The Orenda in the 2014 Canada Reads competition, and has since been invited back to host Canada Reads twice. He is a hip hop musician, broadcaster, university administrator and now an author in his own right for The Reason You Walk. It is his account of the year he spent reconnecting with his terminally ill father, an accomplished but often distant Anishinaahe elder He writes honestly about having a foot in two cultures, his early

struggles, and his current efforts to convince all the people of Canada that confronting the truth makes one stronger.

Indian Horse, Keeper'n Me. Medicine Walk and For Joshua: an Oilbreau father teacher hie son are all powerful works by Richard Wagamese, Wagamese, who spent several of his childhood and teen years in St. Catharines, is a prizewinning author and journalist from the Oilbway Wabaseemoong First Nation in northwestern Ontario. In both fiction and non-fiction. Wagamese tells stories of the brutal damage, both subtle and

overt, of the residential schools,

and also chronicles journeys of

healing and reconciliation. Local author Lynne Sherry McLean is a band member of Six Nations of the Grand River and has blood ties to Alderville First Nations. She is the author of Where Mary Went, the story of Mary Fisher, based on Lynne Sherry's grandmother, and her life through years in the horrific residential Mohawk Institute. the Depression and Second

World War. Louise Erdrich is an Oilbwe writer of novels, poetry, and children's books featuring Native American characters and settings. She is a member of the Turtle Mountain Band of Chippewa Indians, a band of the Anishinaabe. Her books include The Round House, Shadow Tag, The Plague of Doves. The Master Butcher's Singing Club, The Last Report on the Miracles at Little No-Horse, The Bingo Palace. The Antelope Wife and The Crown of Columbus. For any of these choices and

more, visit any branch of the library or place a hold at www. fepl.ca. Where Mary Went, two works by Wagamese and a CBC collection of residential school stories are also available as book club sets. Amy Roebuck is the community services coordinator at the Fort Erie Public Library.

# THE TOWN OF FORT ERIE

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# TOWN OF FORT ERIE

# DOWNTOWN STEVENSVILLE CORE AREA COMMUNITY IMPROVEMENT PLAN Planning Act, 1990, c. P 13, Sections 28

APPLICANT: TOWN OF FORT FRIE

FILE #: 350202.005

TAKE NOTICE that the Council of the Town of Fort Erie passed By-law No. 7-2016 being a by-law to adopt the Downtown Stevensville Core Area Community Improvement Plan (CIP) for the Town of Fort Erie on the 18th day of January, 2016 under Section 28 of the Planning Act.

AND TAKE NOTICE that any presson or apency may appeal to the Orthorio Municipal Board in respect of the by-law by filing with the Clerk of the Town of Fort Erie not later than 5:00 pm. on Wednesday, February 17, 2016, a notice of the appeal setting out the objection to the by-law and the reasons in support of the objection. Any appeal must be accompanied by the Board's fee of \$15.20. A certified cheque or money order in this amount made payable to the Minister of Finance must accompany the Moleco Alponeal.

Any Notice of Appeal should be delivered to:

Laura Bubanko Manager of Legislative Services/Clerk Town of Fort Erie

1 Municipal Centre Drive,

Town of Fort Erie, Ontario L2A 2S6

The proposed Downtown Stevensville Core Area CIP is exempt from the approval of the Regional Municipality of Niagara and the decision of Council on the Downtown Stevensville Core Area CIP is final, if a notice of appeal is not received on or before the last day for film on Motice of Aoneal.

Only individuals, corporations and public bodies may appeal the by-law to the Ontaria Municipal Bard A Motice of Appeal may not be filed by an unincorporation association or group. However, a Motice of Appeal may be filed in the name of an individual who is a member of the association or the group. An explanation of the Purpose and Effect of the by-law, describing the lands to which the by-law applies may be found below. The complete by-law is available for inspection in the Clerk's office during regular oftice hours.

### PURPOSE AND EFFECT

The purpose and effect of proposed Downtown Stevensville Core Area (CIP) is to implement a series of financial incentive programs aimed at stimulating private sector investment in enhancing the quality, presentation and maintenance of the commercial building stock in the core area. It also encourages property owners to consider opportunities to increase residential develops on upper levels or in back portions of commercial uses where this can be accommodated under present zoning regulations. The programs are designed as matching grant incentives, subject to minimum and maximum amounts, for the mixed use core area of Downtown Stevensville. The incentive programs include:

- incentive programs include:

  Commercial Façade Improvement
  Grant Program
- Commercial Façade Signage Grant Program
- Residential Creation and Intensification Grant Program

The programs will be made available to qualifying property and/ or business owners that meet with select criteria and reside within the



approved CIP Project Area shown on the map. Criteria and eligible funding amounts will be determined through an application process. All CIP financial incentives are subject to available funding.

### INFORMATION WITH RESPECT TO THE CIP

Information pertaining to the proposed Downtown Stevensville Core Area Community Improvement Plan is available at the Community and Development Services Department, Town of Fort Erie, 1 Municipal Centre Drive and at the following website:

http://www.town.forterie.ca/pages/DowntownCoreAreaCIPs

### OTHER APPLICATIONS

Council also adopted **By-law 6-2016** on January 18, 2016, designating the lands shown on the map herein, as the Downtown Stevensville Core Area Community Improvement Project Area for the purpose of implementing the Downtown Stevensville Core Area CIP.

DATED AT THE TOWN OF FORT ERIE THIS 28th day of January, 2016. LAURA BUBANKO, MANAGER OF LEGISLATIVE SERVICES/CLERK

# From the gardener's journal

Dlunging into winter and yet still wanting spring?

That is what happens to me every January. I know there is time now to catch up on tasks I put off while it was busy planting and harvesting time, And yet, it seems that inside work doesn't appeal in the way it should. I guess my heart still seeks the sunrise and fresh air of morning while the winter birds sing and feed in my space.

I suppose that is because in some way we are all creatures of light and during this month we begin to notice the changes in the light. Indeed be month's end we shall have nine hours and 17 minutes of daylight. That may not sound like a lot some days, but it is a positive trend. I still think it is wise to keep those candles handy until February when we can see a marked change in evening light.

I found a nice little passage this week that describes this season: "Winter seems to most of us a dead time, a season when nothing is happening. We poke our noses



outside to find ':a bleak mid winter. The world and ourselves seem to long for the enlivening touch of spring to resurrect us from the dead of winter And yet what seems like death to us is only sleep. The world, spent with a summer's work to make an autumn bounty is taking

its necessary rest. In this

cleen of winter life renews itself. The hurry of doing and making is replaced by peaceful rest and refreshing solitude," David Rensberger In this season of solitude there is nothing like walking

the beach trails or working in the greenhouse to bring a breath of new life. Those sunsets along the beach( and the sunrises) can be incredible any evening or morning. And it is wonderful to walk into blooms in the greenhouse as the plants are beginning to wake themselves up in response to the increased light ... Many of you good folk ask about the progress on a

school, Good question! I hear lots of reassurances but I notice no one will put it on paper. So we work away this vear and we'll see what the future brings. Hopefully a new and greater green space

to learn and grow in. If you need a "pick-me up this winter I suggest you volunteer some time with children or teens. Not only will you help them, but they will lift your spirits with their energy and their sense of humour. Recently I was spending time with Grade 6 students at Our Lady of Victory while we harvested winter vegetables. Thanks

for the enthusiasm and

Thanks also to the teachers for encouraging them in their 'green pursuits' We'll do it again as winter is still

lingering on. Keeping healthy in the cold in mind this week's recipe is all about fresh and healthy: Thanks for asking about my articles and for letting

but the paper isn't always able to give us all space. So it is nice to hear from so many who stay in touch See you on the beach

trails, around our lovely community and even in the cool outdoors of an evening. Until next time, keep Ruth Vold Markle is the

vice-president of the Fort Erie me know what you particu-Horticultural Society.



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# APPLE CINNAMON OATMEAL

· 2 apples peeled and chopped · 1 tbsp flax seed ground 1 cup steel cut oats 2 tbsp brown sugar (optional)

• 11/2 cups fat free milk • 11/2 tbsp butter

greenhouse for the new high 1/2 tsp cinnamon 1/4 tsp salt • 11/2 cups water

> Place all ingredients in slow cooker overnight. The greeting in the morning of this oatmeal all ready to go is beyond words. And you can always add a little more cinnamon if you would prefer. This and a healthy vegetable smoothie will jump start your day.

# **Health Corner**

# If you have unexplained headaches

Did you know that the If your bite does not fit fits together?

Yes some of your headaches can be relieved significantly by a dentist. Let me explain urbur

Unfortunately, not all teeth fit together when they erupt into the mouth. All bites do go through some periods of adaption once the teeth are erupted. For some lucky people, teeth happen to be in the range of optimum fit. They don't have any pain or discomfort while chewing nor do they experience headaches, or a sore jaw. For the majority of people, teeth do not fit together well. Not everyone with this misfit go through significant symptoms or signs and many of them do not notice this until later in life

majority of long term and together ideally and puts unexplained headaches can pressure onto your law be caused by how your bite joint called TMJ, you could experience the following symptoms and signs;



Dr. John Injao

· Headaches of unknown medical reasons Migraines · Sore Jaw Muscle after

from chewing gum . Feeling like having more than two bites . Clenching or squeezing on your teeth to fit together

idea to talk to your dentist about this. They may have solutions for you. Dr. John Inigo is a practicing general dentist in Fort Erie and Ridgeway, Dotario, He

. Teeth feel worn down or

for last 5 years

have been getting thinner

eating chewy and hard can be reached at Inion Bertie. Dentistry, 905.871.2903 or . law feels nainful or tired Iniao Ridaeway Dentistry. 905.894.5555. For further information and discussion. please visit his office at www.inigodentistry.com.

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1 Municipal Centre Drive, Fort Erie, ON, L2A 2S6 (905) 871-1600 • Fax (905) 871-4022 • www.forterie.on.ca EMERGENCY TELEPHONE INFORMATION 905-871-1600 RADIO EMERGENCY INFORMATION 91.7 FM - 105.7 FM - 610 AM



## STREET LIGHTS CHANGING TO LED

The Town of Fort Erie will be replacing the existing street lights with a substantially more energy efficient Light Emitting Dlode (LED) street lights. In addition to consuming much less energy, LEDs produce a cleaner, whiter light that improves visual acuity and community safety. The beams of LEDs are also more directed than traditional street lights to light only the roadway, which helps reduce light to light only the roadway, which helps reduce light to light.

The Town's contractor, Dundas Power Line Ltd., plans to start installing the new LED lights January 18, 2016. Work will begin in the Crystal Beach area and progress across the rest of the Town. Standard cobra head lights will be changed town wide first, followed by the decorative lights. There are approximately 3266 lights to be changed in all. it is anticipated that the entire Town street lighting system will be switched over by April 1, 2016.

PROJECT CONTACTS

Contractor:	Dundas Power Line Ltd. 13564 Hwy #43 Chesterville, ON Phone: 1-800-566-4165 Project Contact: Tim McKay tim@dundaspowerline.com
Construction Supervisor (Town of Fort Erie)	Nicholas Chevalier, A.Sc.T nchevalier@town.forterie.on.ca 905-871-1600, Ext 2407
Project Manager: (Town of Fort Erie)	Robert D. Judd, P. Eng 905-871-1600, Ext. 2412

Please contact the Town's Project Manager should you have any additional questions or require further clarification.

rjudd@town.forterie.on.ca

Please contact the Town's Construction Supervisor should you have any concerns with the Project Contractor's actions or activities.

Thank you for your patience and co-operation.

# The truth about refugee sponsorship in Canada

The Syrian refugee movement has become one of the most predominant stories in the media over the past few months and as the situation unfolds, there has been a multitude of information presented in the news, on social media, and even through word of mouth.

With so many sources of information available, it can be confusing to sift through and decide on what is true, what is partially true, and what is just not true at all. It is important in moments such as this to seek the truth above all else, just as it was during the Kosovo crisis or during the war in Vietnam that brought many people to Canada's shores. Clarity and fact are needed to ensure that misinformation does not lead to anger, discontent, or an unwillingness to accept or help those who are seeking refuge in our nation. According to the

Government of Canada web-

site, government assisted refugees are Convention Refugees Abroad whose initial resettlement in Canada is entirely supported by the government of Canada or Quebec. This support is delivered by citizenship and immigration Canadasupported non-governmental agencies. Support can last up to one year from the date of arrival in Canada. or until the refugee is able to support himself or herself, whichever happens first, A Convention Refugee Ahroad is compone who has been deemed a Convention Refugee but who is outside of Canada seeking resettlement here and who will be privately sponsored or assisted by the government. Privately sponsored refugees are Convention Refugees Ahroad whom are spon. sored to come to Canada by Sponsorship Agreement Holders (religious organizations, ethno-cultural

groups, or humanitarian

organizations), Constituent Groups, Groups of Five (five or more Canadian citizens or permanent residents over the age of 18), or community sponsors (organization located in the community in which the refugee would settle). Sponsorship includes providing things such as housing, food, clothing, resettlement assistance, location of employment and becoming self-supporting, Privately sponsored refugees are not entitled to any government income assistance during their period of sponsorship, as their income must be provided by their sponsors. Government assisted refugees may access the Resettlement Assistance Program if they do not have their own means of financial income or resources and may only access this program for one year. Contrasting what some social media postings say, government assisted refu-

gees and others who come to Canada seeking to make a refugee claim are only entitled to the same social assistance rates as everyone else and those are based on family size and may include a one time set up allowance. The estimated average cost for a privately sponsored refugee being supported by a Group of Five, according to the Citizenship and Immigration Settlement Plan and Financial Assessment is approximately \$12, 600 for one year and the estimated cost of sponsorship for a

There are many great tools and resources available to flad out the true facts about government and privately sponsored refugees, the Syrian refugee crisis, and what our country is doing to help them. The Government of Canada (www.canada. ca) and Citizenship and Immigration (www.cic. gc.ca) websites provide factual information regard-factual information regard-

family of four is approxi-

mately \$27, 000.

ing the cost of sponsorship, the number of people expected arrive, as well as ways you can choose to help sponsor a refugee. Highly reputable non-governmental resources such as the Ontario Council of Agencies Serving Immigrants (www.ocasi.org) and the Canadian Council for Refugees (www.ccrweb. ca) will also provide facts and on the ground information about what is truly being done to support and provide for those seeking refuge in Canada. Locally, the Fort Erie Multicultural Centre (www. firststepsincanada.com), located at 52 Jarvis St., has partnered with the Niagara Folk Arts Council (www. folk-arts.ca) in St. Catharines to provide information, volunteer opportunities, and conversations about what our community can and will be doing to help Syrian individuals and families who come to live in our area. With Hamilton being a city designated as a reception centre, the Niagara area will be a destination for resettlement and the chance for Syrian

families to experience a warm Canadian welcome. As you watch or read the news, browse through social media, or personally encounter someone from another country who came to Canada as a refugee, take the time to inform yourself of the facts; facts are indisputable and will give you a sound perspective on what many people are facing across the globe. Consider sponsorship with your friends, family, or coworkers or inquire about volunteering in the community at our local refugee shelters or the Fort Erie Multicultural Centre. If we choose to seek the truth and allow the needs of others to be met with what we have to give, our nation and communities will become that much stronger.

Rosemary Legge for the Fort Erie Multicultural Centre

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Janine Tessmer is the Town of Fort Erie's first corporate communications coordinator

# **Tessmer set to help Town** 'take next step' in communications

SARAH FERGUSON Fort Erie Times

There's a new face at Town

The Town of Fort Erie recently welcomed Janine Tessmer, who is serving as the Town's first corporate communications coordinator

Tessmer brings a wealth of knowledge and experience to Fort Erie. She began her career working as a communications advisor for the City of Burlington. When social media began to erupt Tessmer left government to gain practical knowledge and experience in social

media and search engine mar-Tessmer's role within the

Town is to develop, implement and maintain a communications plan for the Town in order to enhance communication between staff, residents and

media. "My role is to ensure we are nutting ourselves out there and make sure we are available to all of the people in all of the ways they communicate." Tessmer

Prior to Tessmer joining the

Town of Fort Erie, staff have been sharing the communications responsibilities amongst

"Staff have been doing a great job so far but I'm here to help take communication with the Town to the next step."

According to Tessmer, "social media is a big game changer for everybody. "It's amazing and it's impor-

tant to embrace this two-way communication because it allows us to interact with so

many stakeholders in the community." Coming to work for the Town of Fort Erie is "a homecoming"

of sorts for Tessmer, who currently resides in St. Catharines.

"Fort Erie has a special place

in my childhood because I visited Crystal Beach often as a child!

She is looking forward to working in Fort Erie because "it is an exciting time" for the community with projects such as the Canadian Motor Speedway and the revitalization of Miller's Creek Marina in the works

"It's exciting to have this opportunity. I understand the role is a unique one and I am confident in my background in communications and I think that I am a good fit for the position," Tessmer said.

sarah.ferguson@sunmedia.ca



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# **Fundraising campaign for new theatre going strong**

There's still a long way to go before the committee raises \$2 million for a new performing arts centre, but

Fred Louws isn't concerned The momentum is growing and currently, we have raised \$325,000 with numerous events forthcoming as well as numerous dona- land Foundation, a nontions to be announced in the profit charity that annually future," he said.

"We do know of a few companies that have committed a good portion of funding which they will give over the course of the next three

years," he added. Last February, Fort Erie atre is September 2018. councillors agreed to partner with the District School new theatre to be built alongside the new high school, Greater Fort Erie Secondary School. Each party has agreed to contribute \$500,000 toward the \$3 million cost to build a theatre, with a fundraising committee charged with the task of raising the remaining amount

The 10-person committee

bers. Town staff and DSBN representatives including Louws, a high school principal, and Ward 4 Coun. Marina Butler.

The fundraising campaign kicked off last July with a celebration at the Fort Erie Golf Club along with the presentation of a cheque worth \$75,000 from the E.I. Free-

provides scholarships to Fort Erie students. Both the school and the theatre are set to open in September 2017 but the deadline to raise the necessary funds to pay for the the-

Marina Butler is "confident" in the project and her Board of Niagara to fund a confidence continues to grow due to "a lot of calls and interest" as well as a number of Individuals and hustnesses who have already hosted or plan to organize their own fundraising efforts for the theatre.

Butler said she and her fellow councillors have also ing rooms. committed to donating \$1,000 each.

members of the community to save the date of May 14 for a Spring Gala Fundraiser at the Fort Erie Leisureplex, featuring local musicians and alumni of Fort Erie Secondary School and Ridgeway-

Crystal Beach High School. Other fundraising events include a summer music event at the Fort Erie Race Track, a food truck event, a Fork and Cork event and a golf tournament at the Fort Erie Golf Club with dates to be decided in the coming months. Louws said these

SHOORES All levels of support are welcome and those who make donations will be recognized. A donation of \$1,000 to \$2,000 will be given naming rights on auditorium seats or names will be display on a donor wall. Larger donations offer naming opportunities for the atrium, box office, and dress-

sarah.ferguson@sunmedia.ca



Fred Louws and Ward 4 Coun. Marina Butler look over plans for the new high school, Greater Fort Eric Secondary School. The fundraising committee for the new theatre that will be attached to the high school has raised \$325,000 of its \$2 million goal.

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# **GLT puts the gears to Shakespeare in new comedy**

JOHN LAW Postmedia Network

Among actors, it's almost sacrilege to say you hate Shakespeare's Hamlet.

So what to do when you've agreed to play theatre's most iconic male role for a Shakespeare in the Park production? Garrison Little Theatre aims to find out with Paul Rudnick's comedy I Hate

Directed by local theatre veteran Mike Ceci, the play inds a young TV actor (Tom DeGuili) who accepts a staring role in Hamlet after his series is cancelled. He moves into a New York apartment once owned by actor John Barrymore, then has second thoughts about the show. Enter the spirit of Bar-

Enter the spirit of Barrymore (Tim Denis), who informs him he's part of a bizarre fraternity now. "It seems there's some the-

artical tradition that anyone playing Hamlet can call on a past dead Hamlet to get their assistance," says Cecl. "That's why Barrymore's been summoned.

"The bad news is, Barrymore can't go back to wherever he came from until this young guy plays Hamlet. He says, 'So we'll be stuck in this apartment until the end of time unless you do it."

The plays also stars Carole Ferriday, Zdenka Cole, Alex Pederson and Dave Deelen.

Pederson and Dave Deelen.

Despite being a fixture in local theatre for decades, Ceci is making his directorial debut with the show. He had nudges in the past



From left, Tom DeGiuli, Tim Denis and Alex Pederson star in Garrison Little Theatre's production of I Hate Hamlet. It opens Feb. 5 in Fort Erie.

from other companies, and finally relented when Fort Erie's Garrison Little Theatre asked.

"I don't know whether it was because they couldn't get any other sucker to do it, or whether they really thought I could do the job." he says.

It's hardly an easy one to start - a comedy with Shake-spearian drama. It's a constant swing from comedy to

serious stuff.

Beyond the challenge facing the cast, Ceci has to view things from a whole new perspective.
"When you're on stage, you don't necessarily look at it from what the audience wants to see - you're basically up there trying to remember your lines," he says. "With this one, there are so many little nuances

you have to really look at and sort out.
"I had to bring back all the things I've learned over the past 35 years in theatre to look at it from an audience's

perspective." john,law@sunmedia.ca WANT TO GO? What: I Hate Hamlet Where: Italo-Canadian

Club; 1101 DiPietro Street; Fort Erie When: Feb. 5 to 13 Tickets: 905-991-8181







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The moment your mother passed awy, the Power of Attorney A. was void, and the power you had to sign ended. Now the bank wants to review the terms of your mother's will to see who your mother appointed as her Executor or Executors. If you are named, then your mother gave you the power to act. Of course the next question will be whether or not the bank requies the will to be "probated"



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### I have noticed some massage therapists are offering Craniosacral Therapy. What is it, and who would benefit from it?

Craniceagral therapy is a centile, noninvesive, hands-on technique, developed by an American osteopathic physician almost one hundred years ego. This therepy involves the asaditioner "listening through the lands" to the body's sobile rivitins and any aptiens. With very light contact, usually at the head or along the spine, the therapist can access and ive long held getterns of tension which could be caused by old injuries, accidents. postural habits, chronic stress, litness, surgery, etc. Clients usually experience a deep sense of releasition during the session and for several hours after the treatment, many people eport sleeping very well the night after their treatment!

Combining cranesacral therapy with massage is useful when tense areas aren't responding or can't tolerate desper massage pressure. These areas generally respond well to the very ight touch of graniceactal. After the subtle patterns of holding within the muscles and By releasing these patterns of tension it helps to create the optimal conditions for health whallty and facilitating a sense of wellbarro. It is suitable for people of all ages including babies, children and the elderly, and can be effective in agute or chronic cases

Sharon Malone, RMT now at Atrium Spa. THE ATRIUM SPA



### ask The Expert

Q: I use my automobile for business purposes, what should I be keeping track of? (A: The beginning of the new year is a good time to change old habits (New Years Resolution). Canada Revenue Agency (CRA) appears to be increasing audit activity for business expense write-offs. If you are claiming vehicle expenses, pay

close attention. Vehicle expenses are generally claimed by one of: use of company car, percentage of expenses or kilometer reimbursement. No matter how you do it. melous you have some proof of business our years present use of your vehicle CRA is aggressively disallowing vehicle expense claimed for business purposes. The only store way of documenting vehicle usage is by way of a daily log. Vehicle mileage logs are available at all office supply stores. Note your mileage at the

beginning of the year and simply keep noting daily usage. It's a motter of cetting into the habit and without if you are at the discretion of CRA and they generally go back 3 years.



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Amanda MARPIP Shannon MCCARTER David MCDONALD Marian MCDONALD

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# **News Briefs**

### Town hosts waterfront strategy workshop

Members of the community are invited to share their thoughts on how to improve the waterfront in Fort Erie during a workshop on

The event will be held at the Fort Erie Leisureplex beginning at 6 p.m. The Town of Fort Frie has

initiated the Fort Erie Waterfront strategy to identify opportunities to improve parks, town-owned lands and attractions along Lake Erie and the Niagara River shoreline. The goal of the strategy is to provide a long-term vision and create a plan to implement that vision

A community focus group have been organized to provide input to the team charged with the task of creating a long-term vision for Fort Erie's waterfront.

The first community workshop, which will be held at the Leisureplex, will begin with an informal open house to review work in progress followed by a presentation at 6:30 p.m. and concluding with table group discussions

### Friday night flicks at Old Fort Frie

Old Fort Erie is turning Friday night into Movie Night. The historic battle field began showing movies at its visitor centre theatre last week Screenings will be held on the last two Fridays of the month (except October and December) The series, running until December, will feature classic.

culturally important and familyoriented movies. Old Fort Erie's makeshift movie



community newspaper for the issues that affect you and vour family.

house features ample seating. surround sound and a large projector screen Movies will follow a different theme each month with two

exceptions: March will offer a series of matinee family movies for March Break, and September will have two new releases still playing in theatres.

Admission is \$5 except for the new releases, which are \$10. Matinees during March Break will be shown at 10 a.m. and 1

p.m. All other screenings start at The series begins with Classic Movie Month, showing The

COMMUNITY NEWSPAPE

YOUR

READING

CURIOSITY

YOUR

Wizard of Oz Jan. 29.

19 The Butter Feb 26 A Time to Kill: March, Break Matinees: March 14, 10 a.m., Happy Feet; March 14, 1 p.m., Happy Feet 2; March 15, 10 a.m., Spongebob

The Sandlot March 16, 10 a.m.: Teenage Mutant Ninia Turtles, March 16. 1 p.m.; The LEGO Movie. March 17, 10 a.m; The Shaun the Sheep Movie, March 17, 1 p.m.; How to Train Your Dragon March 18, 10 a.m.; Ice Age March 18, 1 p.m. For more details visit www.

oldforterie com

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Bouquet for Fort Erie woman

support when my husband went

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The franchise owners should meet with head office and correct A huge bouquet goes out to the Fort Erie woman who offered me the problem. In the future, it will only hurt any profits as people into cardiac arrest in the cat scan will shop somewhere else. Bouquet for a truck driver

A bouquet for the young man in the Region truck who stopped last week to assist me when the snow fall created a whiteout. By going ahead of me you were able to guide me safely along the Parkway to my home. You know who you

are, thank you! Brick for the person who left his dog outside

Bricks for the dog owner in Homes. Parklane Stevensville for leaving their dog running loose outside and barking for four hours until 3 a.m. in cold weather. A big gouquet for the Niagara Regional Police Service 905-994-1561 officer for trying for almost an hour to catch the dog

and banging on the owners' doors to get the dog in from the cold. Brick for crunchy noodles A big brick for crunchy noodles! There is nothing worse than boiling your noodles and you think

they are finished but you sit down to dinner and take a big bite but the noodles aren't fully cooked. Send us your bricks and bouquets

Has someone done something nice for Send your bricks & you and you would like to thank them? bouquets to: Do you have something to complain about? Send us your

bricks and bouquets by e-mail to sarah.ferguson@sunmedia.ca. or mail them or dron them off to Fort Erie Times; 336 Central



Tomollor

You! You will be happy to know that he is doing fine. Thank you for your help. Bouquet a husband A bouquet for my husband for giving me the best foot massage. A

room of GNGH

Your amazing act of

forgotten. Thank you

for stepping forward

to assist a total strang-

er, you are truly a good

samaritan. God Bless

week's worth of stress was gone in 15 minutest Bouquet for return-

ing lost keys A very grateful thank you and bouquet for

the ladies from a gift store in Ridgeway who helped me look for my lost car keys, and to the person who found them and turned them in to a local drug store. There are very kind people

in Ridgeway. Brick for people who throw snow

A brick for those people who throw snow from their driveways onto the roads. Isn't there a bylaw against this? It can be

quite hazardous. Brick for a grocery store A brick for our local

grocery store that puts out a sales fiver and does not have the product. Either the excuse is that "it is beyond our control" or "the truck

sarah fernuson@ summedia ca or mail them to Fort Erie Times. 336 Central Ave., Fort Erie Ont., L2A 3T6

never came in." They also do not give out rain cheques. Ave.; Fort Erie, Ont.; L2A 3T6.

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Caesar Salad \$5.99 our Caesar dressing with pane Mixed Green Salad \$4.95

Lightly dusted calamari fried to a golden brown served with a creose dipping sauce Coconut Shrimp \$8.99

Shrimp coated with encount fried and served with seafood sauce Baked Brie \$9,99

Baked brie served with a pear jelly and toasted ciabatta Caprese Salad \$5.99 Vine ripened tomatoes layered in between bocconcini cheese and drizzled

Main Entrees etables and your choice of Rice Pilof, Rousted Garti ished Potato or Baked Potato

Beef Tenderloin Medallions \$24, 99 Soz beef tenderioin medallions grilled to your liking served with a Pinot Noir reduction jus Add shrimp \$12.59

6 Jumbo Shrimp seasted in butter and garlic
8 oz Panko Crusted Stuffed Chicken Supreme \$19.99
crusted with panko and stuffed with roasted red pepper and goat cheese and baked to
a golden brown served with a sour cream machinom cream states

Veal Chop \$20.99 10 as. Veal Chop grilled to your liking accompanied with a brandy Madagascar peppercorn sauce 16 ox. Stuffed Pork Chop 922.99

Pork Chop stuffed with paneetta and doors enocked bacon bread stuffing served with a cranberry port reduction

New Zealand lamb chop grilled to your liking accompanied with a grainy mustard and Riesling jus Scafood Pasta \$24.99

Shrimp and Lobster served on top of a bed of fettuccini tossed in a chardonnay cream saus Buttermat Sounds Ravioli tassed in butter and chine sounce driveled with white truffe of

Dessert Valentine's Day Trio included with purchase of entrée

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# SPCA reminds residents to leave nothing behind when enjoying the outdoors

### Fort Frie Times

What is believed to be a Red-breasted Merganser, a large diving duck with a long thin bill, was safely returned to the wild after two residents spotted him in

The animal was brought to the Fort Erie SPCA on Jarvis Street last Monday by two people who noticed the duck and realized he was unable to fly.

The shelter's staff, Mark Dickson and Carlie Howard, discovered that the duck had a fishing lure entangled in his stomach, constricting his feet. They removed the debris and the duck was returned to his home in good spirits.

"This little guy couldn't take off and we are so grateful that the two men who spotted him brought him in," Wendy Trombley, the manager of the SPCA,

sure he was going to be okay.

when enjoying the outdoors.

The duck was at the animal shelter for "a couple of hours" where he was under observation until staff could be

"Mark (Dickson) fed him, gave him a drink and then he went right back to pen. Animals like to investigate things where he belonged," Trombley said. It is not known how the animal came to be entangled with the fishing lure. The duck could have been walk-

ing along the shore, walked over it and became caught. Trombley wants to remind residents to make sure they leave nothing behind People have to be more aware of



FORT FOR SPCA/SPECIAL TO THE FORT FRIETIMES What is believed to be a Red-breasted Merganser, a large diving duck with a long thin bill, was safely returned to the wild after two residents spotted him in distress last week.

what they leave behind," Trombley

The most common items animals become stuck in are pop rings, fishing lines and hooks "I don't think it happens on purpose but people don't realize it could hap-

and something like this lure is similar looking to a minnow, (which could have been mistaken for food)." If an animal is found in distress,

Trombley said the shelter can be called at any time. For more information about the SPCA call 905-871-2461.

sarah ferguson@sunmedia.ca

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# Police Briefs

## Fort Erie man killed in single-vehicle crash Erie man was driving a

Niagara Regional Police say a 73-year-old Fort Erie man died after he lost control of his vehicle and struck a parked car

on Monday. The Niagara Regional Police, Niagara Emergency Medical Services and the Fort Erie on the street Fire Department were Emergency crews called to Aberdeen Street

north of Betie street at 11:32 a.m. According to a press release issued by the police, investigators determined that a Fort

2015 Volkswagen Tiguan northbound on Aberdeen Street and approaching Murray Street. The man lost control of his vehicle and struck an unoccupied 2006 Toyota Tundra that was parked

quickly attended and transported the man to hospital where he was pronounced dead.

Police are not releasing the name of the deceased, pending notification of next-of-

This collision remains under investigation by Detectives of the Niagara Regional Police - Collision Reconstruction Unit Fort Erie Fire Chief Larry Coplen said the man suffered

a medical emergency when the incident occurred. The fire chief said no one else was injured as a result of the incident.

Any witnesses to the collision are asked to contact detectives at 905-688-4111.

# LET'S ALL DO **OUR PART!** PLEASE RECYCLE THIS NEWSPAPER





# THANK YOU FORT ERIE

### THE KINSMEN CLUB OF FORT FRIE Would like to extend a SPECIAL THANK YOU to ALL the Caring Citizens of

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# **BUY • SELL • TRADE** IN THE CLASSIFIEDS





# School board offers community education classes for all ages

# Fort Erie Times

The District School Board of Niagara's list of Adult and Community Education programs is one of Fort Erie's best kent secrets

But it's a secret Tammy Harrison doesn't want to keep to herself: it's one she wants to share with everyone in the

community. The school board offers a wide variety of classes that cover a number of interests, which include horticulture, fitness, language, technology and more at a number of sites across Niagara.

With classes expected to get underway within the next few weeks, Harrison, who is the site supervisor for Fort Erie, said she is concerned about the number of people who have registered for the 10-week classes which are schedule to be held at Fort Erie Secondary

"This is something we do twice a year, in the fall and in the spring. So far, we don't have many people signed up for some classes, which means we won't be able to run some if enough people don't register."

New this year, Ruth Vold Markle, vice-president of the Fort Erie Horticultural Society will teach children ages five to 10 about plants and gardening. Each child will receive seeds. grow vegetables, flowers and herb gardens and then take it

Other classes include a hip hop and jazz class for children ages seven to 13, a children's mixed martial arts class for ages five to 12, an aquafit

as well as aquafit classes for adulte

"People think aquafit is for grandmas but that's not the case but it's a great exercise class and an excellent way to burn calories," Harrison said. These classes are an oppor-

tunity for parents to expose their children to new experi-"These are short, afforda-

ble programs. If parents can't afford to put their child in dance, or martial arts on a regular basis, this gives the kids a chance to get a taste of what they might be interested in."

Harrison said. The classes also let kids try something out before they commit to something like dance for nine months out of the year and possibly waste

The classes are taught by industry professionals, so any one who is interested in teaching a class is encouraged to contact Harrison with their

"I am always looking for class ideas and instructors to teach them. They don't have to be a certified teacher but they do have to have experience with what they are teaching,

Harrison said. The deadline to apply to classes is Jan. 27 by phone. Anyone interested in applying after that date can do so in person on Monday, Feb. 1 at the high school between 6

p.m. and 8 p.m. Only cash or cheques will be accepted. For more information call Harrison at 905-641-2929 ext. 81890 or the DSBN at 905-687-



FILE PHOTO/POSTMEDIA NETWO

Next month, the District School Board of Niagara will run its winter offering of community education classes, which include aquafit for kids

### COMMUNITY EDUCATION PROGRAMS

CLOSED SUNDAYS

· All 10-week programs are offered at Fort Erie Secondary School and are part of the Niagara District School Board's Adult and Community Education program.

· Jazz and Hip Hop: ages six to 12; Thursdays from 6

SATURDAY OPEN AT 4PM.

p.m. to 7 p.m. beginning Feb. Garden sprouts; ages five to 10, Wednesday from 6 p.m. to 7 p.m. beginning Feb. 24.

 Auguafit; adults, Mondays from 6:30 to 7:30 p.m.

ginning Feb 22; Thursdays, 6:30 p.m., Feb. 25, \$66. Auguafit: ages 10 to 13. Thursdays from 5:30 to 6:30 p.m. beginning Feb. 25, \$66. . Martial Arts for Kids; ages five to 12, Mondays from 6:30 to 7:30 p.m. beginning Feb.

 Stability Ball Blast: adults, Mondays from 5:30 p.m. to 6:30 p.m. beginning Feb. 22. \$55. · Zumba; adults, Thursdays from 7:30 p.m. to 8:30 p.m. beginning Feb. 22, \$55



OPEN MONDAY THROUGH FRIDAY FOR LUNCH&DINNER



Chris Ayries will perform at the Sanctuary Centre for the Arts on Jan. 30.

# Singer to bring 'old school' and classic rock sound to Sanctuary

# SARAH FERGUSON Fort Erie Times Chris Ayries began singing and mak-

ing up her own melodies when she was just seven years old. It's these melodies that Ayries created as a child that would later became

ated as a child that would later became "a catalyst" for writing her own songs. "I grew up in a musical family, so it

became a natural progression; singing at parties and in family bands," Ayries said.

"From there I went to Nashville

where I took advantage of some opportunities there and toured internationally. I sang for the troops in Bosnia, and worked on a cruise ship and in radio and television."

worked on a cruise ship and in radio and television." Ayries, who recently moved to Ridgeway, is preparing for her first all-ages show at the Sanctuary Centre for the

Arts on Jan. 30.

Her influences include a wide variety of singers and song writers such as Annie Lennox, Stevie Nicks, Elton John, Tina Turner, Etta James, Janis Joplin

and Eva Cassidy.

"I'd describe my influences as old school classic rock, gospel, blues and country music," Ayries said.

"I'd say if you take the four major formats of music and put them together, I touch on a little bit of each of them." Avries, who is currently working on her latest CD titled 'Momentum,' is looking forward to in performing at the Sanctuary, at 209 Ridge Rd.

"I'm new to the community. No one knows me so I'm hoping to get to know some people there. I felt this would be a neat way to introduce myself to the community through what I do best."

Ayries will perform many of her original songs, which include a song called 'Take it easy.'

"This song is dear to my heart because my mother was supposed to record it. I wrote this song to stylistically suit her." Avries said.

"Unfortunately, she fell sick and left us without recording the song. I always sing it in her honour. She was my

sing it in her honour. She was my favourite singer." Ayries will also perform a few Eagles tunes to pay tribute to Glenn Fry, who

recently died.

"I am hoping to introduce people to how I perceive music to be. It's an universal language with a roller coaster of emotions and connections." Avries

bice

"I am hoping to connect with people in Ridgeway and the surrounding areas through music."

Tickets to Ayries' show are \$20 per person and can be purchased online at www.ticketscene.ca/events/14667. The doors open at 7:30 p.m. and the show begins at 8 p.m.







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# Falcons defeat Meteors 4-3

### Fort Frie Times

The Fort Erie Meteors fell 4-3 to the hosting St. Catharines Falcons last Friday night in Greater Ontario Junior Hockey League Golden Horseshoe Conference Action.

Fort Erie took the lead in the first period thanks to Mackenzie Lockver and Ben Evans, who each scored single goals. Jake Evans scored a single goal for St. Catharines.

Holden Garlent earned the final goal of the night for the Meteors in the third neriod

Broderick Kelly and Tyler Hildebrandt scored single goals in the third period, helping the Falcons return from a two goal deficit

Tyler Jackson scored the winning goal for the Falcons in overtime. Brayden Lachance saved 39 of 43 shots on Fort Erie's net, while Joel Horodzie-

iczyk saved 29 or 32 shots for St Cathorines Fort Erie incurred two minutes of penalty time

on one infraction. St. Catharines incurred 24 minutes on four infrac-

### Ancaster 6. Fort Erie 2

Anthony Passero and Holden Garlent scored the only goals for the Meteors in the second period during a losing match against the Ancaster Avalanche Satur-

The Meteors dropped a 6-2 decision in favour of the visiting Avanlanche at the Fort Erie Leisureplex.

Ben Hughes and Owen Burnell scored single goals for the Avalanche in the first

Jesse Hilton scored a single goal in the second period, Fedor Gordeev scored two goals, and Max Balinson scored a single goal in the third period for Ancaster.



JOSEPH BURD/SPECIAL TO THE FORT FRE TIME

The Fort Erie Meteors fell 6-2 to the Ancaster Avalanche Saturday night at the Fort Erie Leisureplex

Riley Daniels saved 20 of 25 shots and Brayden Lachance saved 11 of 12 shots on Fort Erie's net.

Cole Ceci saved 32 of 34 shots on Ancaster's net. Ancaster incurred 10 minutes of penalty time on five

infractions. Fort Erie incurred two minutes on one infrac-The Fort Erie Meteors stand in fifth place behind Niagara Falls with 16 wins, 29 losses and one tie for a total of 36



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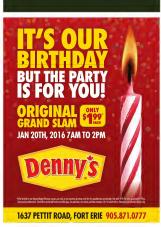
Cuvée en Route March 4 - 6

cooking stations

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# First mixed martial arts event to feature kick boxing, jiu-jitsu and muay thai

SARAH FERGUSON Fort Erie Times

Sam Pascuzzi, owner of Dayboll- Pascuzzi Iiu-litsu in Fort Erie, is hoping the MMA Fight Night he is planning will become an annual event. "This is the first one ever and I hope it will bring

something special to Fort Erie," The mixed martial arts fighter said. The MMA Fight Night, which will be held at the Fort

Erie Leisureplex on Saturday, Jan. 30 at 7 p.m., will feature kick boxing, jiu-jitsu and muay thai events. It is also an official provincial qualifier

sanctioned by the Canadian Combat Alliance and Ontario Grappling Association.

Pascuzzi said similar competitions are "very popular" over the border in Buffalo. "I thought, why not bring

this here to Fort Erie?" A mixed martial arts fighter himself. Pascuzzi knows many competitors must travel in order to participate in MMA events. "I've had to travel to western New York, to Winnipeg,

and Toronto when I was fighting. As an amateur, you don't get paid for it and it can he costly. If anyone is interested

in mixed martial arts, they won't want to miss the MMA Fight Night.
"It will be a good show

with a variety of fighters," Pascuzzi said. "It's also an opportunity for people who want to try

it to see what it's like. Mixed martial arts is another sport

in Fort Erie that people can open their arms to. Tickets are \$25 per person and can be purchased in advance at Dayboll- Pascuzzi Jiu-Jitsu in Fort Erie. For more information about the event call Pascuzzi at 289-241-2388.

sarah.ferguson@sunmedia.ca



# Thank You Thank



Thank You Thank You

Thank You



Niagara Christian Community of Schools senior boys basketball player Ho Yee Fok has been selected as this week's Athlete of the Week. Fok, a Hong Kong native, recently led all scorers with 15 points in a 53-24 victory over Port High Bears. The victory helped improve the Navs to 4-0 in Zone3 single A action. Fok, a grade 12 student also led the stat lines in steals five and two assists. OFok has been a great addition to the team this season. He is a leader in the classroom and on the floor and has transitioned very well to the Canadian style of play, said coach Haughton.

# **Food For** Thought!

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ye papers symbol for Christians soo. The examine since when an is passed spaced for Christian axis. The unitaries since sites as the welcoming instability will be considered latter in this series. Standary worship service 11:00 and only minutes to Sedon Rd, Pt. Brise, Just morth of Stavensville, QEW exits 16 & 17

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Legals

NOTICE TO CREDITORS AND OTHER: LEFURGEY, late of the Town of Fort Erie in the Regional Municipality of Niagara, who died on or about the 3rd day of November, 2015, must be field with the undersioned Estate Trustee on or before the 10th day of February, 2016; thereafter, the ndersigned will distribute the assets of the said state having regard only to the claims them filed.

DATED at Fort Erie this 8th day of January, 2016.

HERYL LEFURGEY. Estate Trustee, by her Solicitor, HAGAN LAW FIRM

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Legals NOTICE TO CREDITORS AND OTHERS ALL PERSONS having

claims against the Estate of SUKRAN GIZELLA PERRY, late of the Town of Fort Eric in the Resiscent ie, in the Regional Municipality Niagara, who died or or about November 2, 2015 are notified to send full particulors to send full particulars in the undersigned on or

before January 29 2016, after which date the Fetate will be distributed with regard distributed with regard only to the claims of which the undersigned shall then have notice, and the undersigned will not be liable to any nearon of whose claim person of whose claim they shall not then have notice.

Dated this 7th day of January, 2016
JOHN T. TEAL, Esq.,
Barrister ar
Solicitor,
P.O. Bex 247,
1200 Thompse Road, Fort Erie, Ontario.

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PORT COLBORNE, Pt. Colborne HS, 211 Elgin St,	Wed., Jan. 27, Feb.

1:00p.m., Room 321 or call: 905-835-1186 ext.64242 Learn the MS Office, Windows, Internet, Graphics, Web Page, Multimedia, and more! Gain job skills, work experience. and if needed earn credits! (each site may vary in programs offered) Adult & Community Education 905-687-7000

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Obituaries

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MORELLO, Rinaldo Peter - On Friday, January 22, 2016 Peter traded his heartbeat for wings at the age of 87. He is predeceased by his wife Anne. He is survived by his loving daughter Joanne. grandchildren Brandon, Jordan and Andrew grandchildren Ryker-Sky great (Rachell), and Carson. Brother to Ida Wood and God father to Marie Dowling, BENNER FUNERAL SERVICES, 1105 Benner Ave. Fort Eric entrusted with arrangements. The family received friends on Tuesday, January 26th from 12 noon until service time at 2 pm in the chapel.



LUISA MARIA SOLIMENE

Our heartfelt thanks to the hardworking personal support workers, nursing staff, dietary and maintenance staff. To Dr. Scher, Dr. Csanadi, thank you for taking such good care of our mother, Luisa.

May God Bless each and everyone for the love and kindness shown to our family during Mother's stay at Douglas Memorial Hospital. Your support and understanding provided comfort beyond measure. To our many friends and

acquaintances, there are no words to express our gratitude and appreciation for the many sympathy cards, flowers, mass cards, and charitable donations. Mostly your love and support meant so much to us

Thank you, Annunziata & Solimene Families



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MacDONALD, Allen Christopher -Gainsay who dare, the MacDonald courage is born and can't be broken! Chris passed away at the Welland County Hospital on Monday January 18th, 2016 at the age of 74 after a hard fought battle. He was the husband of June. Loving father of Christina

MacDonald and Shella (Jeffrey) Wartinger. Forever in the hearts of his granddaughter Judith (Cory) Lesson and his grandson Mac. Cherished great-grandfather of Cora and Willow. Sadly missed by his siblings Donald (Sharon), Quinn, Gwen (Reg) Lake and Angus (Dawn). He will also be missed dearly by his Fort Erie "Brothers & Sisters" Jim (Linda), Randy MacDonald, Joan MacDonald, Eleanor (Danny) Munroe and Heather (Donny) Millar and families, as well as all his friends. Predeceased by his parents Finnan and Peggy MacDonald of Cornwall, Ont. BENNER FUNERAL SERVICES, 1105 Benner Ave., Fort Erie entrusted with arrangements. The family will receive friends on Friday January 22nd from 2 - 4 & 7 - 9. Funeral Services will be held in the Funeral Home on Saturday

morning at 11 o'clock. Cremation to follow

A reception will take place at Royal Canadian Legion Br. #71. Chris will be

fondly remembered by his many friends at

the Fort Erie Racetrack and the family

would invite those who wish to donate to

the Horseman's Renevolent Fund or the

Last Chance Horse and Pony Rescue.

SAIEVA. Concetta - Passed away surrounded by the love of her family at the Douglas Memorial Hospital on Wednesday January 20th, 2016 at the age of 94 Beloved wife of the late Gerlando "Gerry" Proud mother of Nina (Jim) Tummillo. Charles Saleva and Angelo (Sheri) Saleva Cherished Nonna of Ana, Joe (Jane), Cassandra (Chris), Jerry, Connie and Angela, Bisnonna to Geena, Danny, Hanna and Jesse. Also survived by her extended family and friends. Predeceased by her brother Gaetano and sisters Bridgetta and BENNER SERVICES, 1105 Benner Ave., Fort Erie entrusted with arrangements. The family received friends on Thursday January 21st from 4-8 pm. Funeral Mass was celebrated on Friday morning at 11 o'clock at St. Catholic Church Michael's Roman Interment to follow in Greenwood

Only a moment you stayed, but what an imprint your footprints have left on our hearts - Dorothy Ferguson

Cemetery.





In memory of our beloved son and brother who went to be with the Lord one year ago.

Most assuredly, I say to you, he who believes in Me, has everlasting life."

Till we meet again. Mom and Dad, Sheila, Debbie, Stephen and Carol

The Canadian Academy of

Recording Arts and Sciences

frontman for the Guess Who.

will be the first artist to have

his name added to the Hall

of Fame's new home at the

says Burton Cummings.

# Compton star tapped for 24 reboot Cummings headed to Hall of Farma

Corey Hawkins will star in the pilot for 24: Lessoy - the 24 revival series in the works at Fox - Variety has learned. The Straight Outta Compton

alum has nabbed the leading role of Eric Carter in the pilot As previously reported, the new 24 will not bring back Kiefer Sutherland's Jack Bauer, so while Hawkins' character is not a direct replacement, he will lead the potential series. (Sources tell Variety that while only a pilot has been ordered, 24: Legacy is

expected to land a 13-episode order.) Since his breakout role as Dr Dre in Straight Outta Compton, Hawkins' profile has been quickly rising. Few television projects

are more hotly anticipated than the 24 reboot, and the project should surely shoot the actor into household name territory. Up next, Hawkins, who's recurred in The Walking Dead, will star in the King Kong prequel film Skull Island. The pilot order for 24: Legacy was confirmed earlier this month

press tour, where Fax basses Dana Walden and Gary Newman said the leading man would be a diverse actor. Insiders tell Variety that Hawkins has been the star of choice for quite some time, but his deal just now closed.

24: Legacy will revolve around a military hero's return to the U.S. and the trouble that follows him back - compelling him to ask CTU for help in saving his life

and stopping what

potentially could

at the Television Critics Association be one of the largest-scale terror attacks on American soil.

se Dr Dm

in Straight

National Music Centre in Calgary on April 1. Cummings will also be honoured with a tribute during the Juno Awards on April 3 Cummings and the other

Cummings headed to Hall of Fame – again

members of the Guess Who were previously inducted into the Canadian Music Hall of Fame in 1987. Cummings left the band in

1976 to launch a solo career. which spawned a series of hits including Stand Tall, You Saved My Soul and I'm Scared. The singer is also a five-time Juno winner and holds the record for hosting the ceremony four times.

- The Canadian Press

### Khloe: I had sex in a moving car Just days after Kim Kardashian's

sister Khioe revealed she and her estranged husband Lamar Odom shot a sex tape, the Keeping Up With The Kardashlans star is shocking again by opening up about the wildest places she has had intercourse. Khloe took to her website

KhloeWithaK.com and revealed she once had sex in the hacksnat of a car, while it was on the road. "Don't try this at home," she wrote. "Someone else

was driving and I was in the backseat, but I'm a tall girl so it feels cramped and it hurts my f---ing knees.



"As a representative of

the industry they're in. it's

receiving complaints which

I fully sympathize with," the

# Boyega: Star Wars bad for love life



convinced Star Wars is putting a star was propelled to international fame after

damper on his love life because a recent date was ruined when the girl found out about his role in the sci-fi franchise. The Attack the Block eing handed a role in The Force

only date women who aren't just interested in his success John admits he tried taking a date out in New York City recently, but his plan to keep his career achievements under wraps went awry "I tried to go on a date recently with a girl who knew nothing

he explains. "You want to go on a date fresh, like I want her to love me for who I am' ... I picked her up in New York and we got to Times Square and she went, 'So what do you do?' and I pointed at this huge billboard and it ruined the whole situation..."

### McKellen: Gays shunned at Oscars too Oscars is "legitimate."

As the Academy works to remedy Hollywood's inclusion issue. Sir lan McKellen is stressing the need to broaden the definition of the word diversity, McKellen says that gay actors are being "disregarded" and ignored by Hollywood as much as African-Americans are. McKellan, who is the co-

founder of the LGBT rights

criticism facing the Academy

for the lack of diversity at the

charity Stonewall, said the

76-year-old actor said while speaking to Sky News these are all legitimate complaints..."

"It's not only black people who've been disregarded by the film industry, it used to be women, it's certainly gay people to this day. And

- Variety

# Josh Donaldson brings Jays swag to Vikings

Fans of the History series Vikings are getting their first look at MLB All-Star Josh Donaldson's Hoskuld.

The Blue Jays third baseman tweeted a photo of himself "looking like a true warrior" on the set of the show. Known for his hizarre hairstyles, Donaldson recently shared a photo unveiling an

eyebrow-raising Viking-esque cut inspired by Vikings lead character Ragnar Lothbrok, who is played by Travis Fimmel.

Donaldson will play Hoskuld. a Viking warrior of great skill, in an episode that will air later this year as part of the fourth season, which debuts Feb. 18 on

- Postmedia Netw









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